



# Cleveland State University

College of Education and Human Services  
Counseling, Administration, Supervision and Adult Learning

## Clinical Mental Health Counseling Internship - Trainee Evaluation

The following document is designed to assist the CSU Counselor Education Faculty in acquiring knowledge of the student's level of progress during Internship. Such documentation is required by the Council of Accreditation of Counseling Related Educational Programs (CACREP) to maintain accreditation in the Clinical Mental Health Counseling Programs.

Trainee: \_\_\_\_\_

Supervisor: \_\_\_\_\_

Site: \_\_\_\_\_

| <u>Evaluation Criteria</u>  | <u>Unacceptable</u> | <u>Marginal</u> | <u>Proficient</u> | <u>Exemplary</u> | <u>Not Applicable</u> |
|---|---------------------|-----------------|-------------------|------------------|-----------------------|
| <b>Understanding Individual Counseling Theory [Knowledge Base: Facilitation]</b>                          |                     |                 |                   |                  |                       |
| 1. Intern demonstrates theoretical knowledge and flexibility in case conceptualization.                   | 0                   | 1               | 2                 | 3                | N/A                   |
| 2. Intern selects and applies appropriate theory-based interventions.                                     | 0                   | 1               | 2                 | 3                | N/A                   |
| 3. Intern develops self-efficacy in their application of theory to practice.                              | 0                   | 1               | 2                 | 3                | N/A                   |
| <b>Understanding of Human Development [Knowledge Base: Facilitation]</b>                                  |                     |                 |                   |                  |                       |
| 4. Intern displays sensitivity to clients' relevant developmental areas.                                  | 0                   | 1               | 2                 | 3                | N/A                   |
| 5. Intern selected and applied developmentally appropriate interventions.                                 | 0                   | 1               | 2                 | 3                | N/A                   |
| 6. Intern demonstrates a belief in identifying and using clients' strengths to promote growth and change. | 0                   | 1               | 2                 | 3                | N/A                   |



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## **Understanding of Psychopathology**

### **[Knowledge Base: Personal/Social]**

7. Intern was able to recognize and identify symptoms across a range of psychopathologies. 0 1 2 3 N/A

8. Intern selected and applied interventions appropriate to clients' diagnoses. 0 1 2 3 N/A

9. Intern demonstrated respect and unconditional positive regard for all clients. 0 1 2 3 N/A

## **Understanding of Career Development**

### **[Knowledge Base: Career]**

10. Intern was able to conceptualize career/college choice dilemmas using career development theories 0 1 2 3 N/A

11. Intern selected appropriate interventions to assist clients with career/college choices. 0 1 2 3 N/A

12. Intern demonstrated awareness of clients' career challenges, struggles and success. 0 1 2 3 N/A

## **Assessment of Individual's Personal, Educational, Interpersonal, and Career Concerns [Knowledge Base: Personal/ Social]**

13. Intern was able to include information from a variety of sources when developing and presenting case conceptualizations. 0 1 2 3 N/A

14. Intern used information from a variety of sources when applying interventions. 0 1 2 3 N/A

15. Intern demonstrated respect and empathy for client's life complexities. 0 1 2 3 N/A



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## **Understanding and Applying Group Facilitative Skills [Knowledge Base: Personal/ Social]**

|   |   |   |   |   |     |
|---|---|---|---|---|-----|
| 16. Intern appropriately applied group theory when forming, working with, and ending group. | 0 | 1 | 2 | 3 | N/A |
| 17. Intern selected interventions appropriate to the nature of the group.                   | 0 | 1 | 2 | 3 | N/A |
| 18. Intern was able to articulate and reflect on the impact of the group experience.        | 0 | 1 | 2 | 3 | N/A |

## **Planning, Developing, Managing and Evaluation Counseling Programs [Knowledge Base: Educational, Personal/Social]**

|  |   |   |   |   |     |
|--|---|---|---|---|-----|
| 19. Intern understands counseling programs from an organizational level.                     | 0 | 1 | 2 | 3 | N/A |
| 20. Intern demonstrates program planning, development, management, and/or evaluation skills. | 0 | 1 | 2 | 3 | N/A |
| 21. Intern expressed a willingness to be involved at a program level.                        | 0 | 1 | 2 | 3 | N/A |

## **Application of Individual Counseling Skills to Assist Clients in Planning and Alleviating Person/Social Issues Which Interfere with Development**

|   |   |   |   |   |     |
|---|---|---|---|---|-----|
| <b>[Knowledge Base: Educational, Personal/Social]</b>   | 0 | 1 | 2 | 3 | N/A |
| 22. Intern demonstrates the knowledge of the components in a plan of action or treatment plan.    | 0 | 1 | 2 | 3 | N/A |
| 23. Intern was skillful in assisting clients with formulating plans of action or treatment plans. | 0 | 1 | 2 | 3 | N/A |



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24. Intern demonstrated confidence in assisting clients with action or treatment plans.      0                      1                      2                      3                      N/A

**Appreciation of the Effects of Our Cultural and Social Heritage of Human Development [Knowledge Base: Facilitation]**

25. Intern demonstrated awareness and understanding of cultural differences.      0                      1                      2                      3                      N/A

26. Intern used counseling skills that demonstrated sensitivity to cultural differences.      0                      1                      2                      3                      N/A

27. Intern appreciates and values client diversity.      0                      1                      2                      3                      N/A

**Understanding of Research Theory and its Applications [Knowledge Base: Facilitation]**

28. Intern reference the counseling literature when formulation case conceptualization.      0                      1                      2                      3                      N/A

29. Intern demonstrated research skills when engaging in program development and/or evaluation.      0                      1                      2                      3                      N/A

30. Intern demonstrated an understanding of the value of counseling research and literature to clinical practice.      0                      1                      2                      3                      N/A

**Appreciate the Application Principles of Professional Ethics and State, Local, and National Laws [Knowledge Base: Facilitation, Career]**

31. Intern used professional code of ethics when making ethical decisions.      0                      1                      2                      3                      N/A



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|   |   |   |   |   |     |
|---|---|---|---|---|-----|
| 32. Intern took action that followed the professional code of ethics. | 0 | 1 | 2 | 3 | N/A |
| 33. Intern adhered to the ethics of the counseling profession.        | 0 | 1 | 2 | 3 | N/A |

**Please tell us more about the intern's relationship with you and other staff, including the ability to seek assistance when necessary, to implement supervisory feedback, etc.**

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**Please comment on:**

**A. The Intern's competence in maintaining case notes and other written materials.**

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**B. Special skills/strengths**

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## C. Areas for improvement

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Supervisor's Signature

Date

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Student Signature

Date

***Thank you for your evaluation!***